**IMANAH HEALTH**
Mahayoga & Natural Hygiene

EVENT




# IMANAH Podcast - Premiere - 20260131

- 31 Jan 2026
- 8:00 AM EST
- 6:30 PM IST
- LIVE



Speaker
**Dr. Arun Sharma**
Admin, Health Coach

CO-HOSTS

 Shri Gupta

 Umar AlFarooq

 Seema Manikkoth

 Shubha Rajesh

The IMANAH Podcast premiere — an invitation to explore deeply personal health journeys, with foundational insights from Guruji (Dr. Arun Sharma).

## SCAN TO REGISTER

Point your camera at the code, or open:
https://www.imanah.com/events/live-podcast-imanah-31-jan-20267163