IMANAH HEALTH
Mahayoga & Natural Hygiene

EVENT



IMANAH Podcast - Episode 16 - 20260516

- 16 May 2026
- 8:00 AM EDT
- 5:30 PM IST
- LIVE



Speaker
Umar AlFarooq
Admin, Health Coach

CO-HOSTS

 Saee Bapat

 Dr. Arun Sharma

 Nandini Gulati

 Manisha Goenka

Three guests share their healing journeys — a personal health turnaround, a Wellcure recovery and a holistic healing path — followed by a panel discussion and audience Q&A.

SCAN TO REGISTER

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https://www.imanah.com/events/imanah-podcast-episode-16-2026051600cf

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