

7 Days Natural Health Camp

Lonavla - November

» Join us, for an immersive education about Natural Health Science to initiate a healthy living !



Camp Information

Camp Date Nov 12, 2026	Duration 7 Days camp	Camp Location Anjanvel Agro Tourism, Shilimb, near Lonavala
Category Natural Health Camp	Phone +919322132648	URL https://forms.gle/Mobj1hoga2EXrUU58

What's Included?

Our camps consist of beautiful natural sceneries, all costs such as stay, meals, classes, guides, etc. You will experience activities that will help your body heal itself.

- Yoga improves strength, balance and flexibility.
- Pranayama improves lung capacity and oxygenation of the blood
- Exercise improves blood flow and strength
- Tona keeps your colon toned
- Delicious meals prepared fresh and eaten in good company

BOOKINGS DONE →	BEFORE	BEFORE	AFTER
ROOM TYPE	08 Oct	22 Oct	22 Oct

Budget (dormitory)	₹ 26K	₹ 27K	₹ 28K
Deluxe (2-3 sharing)	₹ 32K	₹ 33K	₹ 34K
Premium (2-3 sharing)	₹ 38K	₹ 39K	₹ 40K

About The Hosts



Natural Health

Vandana Ahuja

Health Coach, Camp Counselor,
Tutor



Seema Manikkoth

Certified Dietitian, Health Coach,
Camp Counselor, Tutor



Sandeep Kr. Singh

A Catalyst for Regenerative Living -
Health Coach, Camp Counselor