

7 DAYS NATURAL HEALTH CAMP

# Lonavla - November

» Join us, for an immersive education about Natural Health Science to initiate a healthy living !



□ CAMP DATE

**Nov 12, 2026**

□ CAMP LOCATION

**Anjanvel Agro Tourism, Shilimb, near Lonavala**

**Date:** Nov 12, 2026 – Nov 18, 2026

**Category:** Natural Health Camp

**Duration:** 7 Days camp

**Phone:** +919322132648

## What's Included?

Our camps consist of beautiful natural sceneries, all costs such as stay, meals, classes, guides, etc. You will experience activities that will help your body heal itself.

- Yoga improves strength, balance and flexibility.
- Pranayama improves lung capacity and oxygenation of the blood
- Exercise improves blood flow and strength
- Tona keeps your colon toned

- Delicious meals prepared fresh and eaten in good company

## Pricing

BOOKINGS DONE →	BEFORE	BEFORE	AFTER
ROOM TYPE	08 Oct	22 Oct	22 Oct
Budget (dormitory)	₹ 26K	₹ 27K	₹ 28K
Deluxe (2-3 sharing)	₹ 32K	₹ 33K	₹ 34K
Premium (2-3 sharing)	₹ 38K	₹ 39K	₹ 40K

## About The Hosts



Natural Health

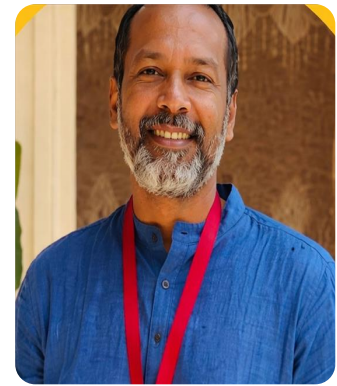
### Vandana Ahuja

Health Coach, Camp Counselor,  
Tutor



### Seema Manikkoth

Certified Dietitian, Health Coach,  
Camp Counselor, Tutor



### Sandeep Kr. Singh

A Catalyst for Regenerative Living -  
Health Coach, Camp Counselor